

Preparing for Rotator Cuff Repair

Your physician has told you that you need to have rotator cuff repair surgery.

Of *course* you've got questions. After all, you're not sure what to expect. You may not fully understand the surgical procedure. And you don't know what to expect *after* your surgery. How long must you stay in the hospital? Will rehabilitation be a long and inconvenient process? What do you have to be careful of doing – or *not* doing?

Santa Maria Valley Physical Therapy Group, an outpatient orthopedic clinic that has served Santa Maria for 25 years, offers a FREE one-hour class each month on these issues – “Preparing for Rotator Cuff Repair Surgery.”

We'll provide you with the information you and your family need during this time. We'll help you prepare yourself for surgery *and* prepare yourself for the months *following* your surgery.

When: Classes monthly, call for times

Where: Santa Maria Valley Physical Therapy Group
820 E. Enos Dr.
(See map on reverse side)

Cost: FREE

For reservations or further information, call:

(805) 928-8257

